

Your journey is our story



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1.

Who we are

JOURNEY HEALTH SYSTEM is an affiliate network comprised of behavioral health companies staffed by 1,000 full-time and part-time individuals. The seven affiliates include six non-profits:

- Beacon Light Adult Residential Services (BLARS)
- Beacon Light Behavioral Health System (BLBHS)
- Deerfield Behavioral Health (DBH)
- Dickinson Center, Inc. (DCI)
- Forest Warren Mental Wellness Association (FWMWA)
- Stairways Behavioral Health (SBH)

Plus, one for-profit entity that manages a unique "level-of-care" software tool:

- Deerfield Solutions

The Journey Health System Board of Directors includes representatives from each of the member organizations. Together they deliver mental health care to a total of 23 counties across Pennsylvania.

As a 509(a)(3) non-profit organization, Journey Health System functions as the support organization that takes the burden of managing administrative functions away from the affiliated behavioral health organizations and allows them to focus on their mission of providing excellent care.

Journey Health System is designed to ensure better outcomes for clients, families, and the communities served and allows for greater efficiency in the delivery of behavioral health services.

By being a part of Journey Health System, the administrative fees, ideas, and innovative best practices are shared among the group of affiliated companies. Millions of dollars are saved through bulk purchasing power, contract negotiations, and economy-of-scale advantages. This should make each affiliate organization financially stronger and more sustainable for the foreseeable future.

For more information about Journey Health System, visit www.journeyhealth.org.

2.

Who we serve

8,400 Adult Mental Health Clients

3,000 Child Mental Health Clients

1,000 Employees Across The Health System

83 Facilities

\$149,000 Uncompensated (Charity) Care last year

23 Counties Served

72 Programs Available



Our Mission Is To Serve Yours.

3.

Boards Of Directors

Beacon Light Adult Residential Services

Dee Baxter
Karen Costello-Pecht
Dr. Richard Dryden
John Foerstner
Jean Hvizdzak
Kyle Kirk
Brandon Means
Mary Anne Polucci Sherman

Beacon Light Behavioral Health System

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William Chapman
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Kimberly Adams
Susan Ball
Robert Coy
Danielle Flasher
Michael Gray
Gary Lester
Marsha Romine
Patricia Rosenstein
Mary Beth Sprentz
Amy Tobolski

4.

Leadership Message

We're proud to share this 2024 Annual Report from Journey Health System and our affiliates. This is a showcase of our organization's important work over the last year. It also highlights the positive impacts made in the communities we serve. However, our main inspiration is found in the journeys and positive outcomes that our consumers and employees share with us.

Pennsylvania and the nation are in the midst of a mental health care crisis. Pennsylvania ranks 17th in the nation with 19.7% of adults having a prevalence of mental illness... nearly two million Pennsylvanians*. Additionally, 728,000 people suffer with substance use disorders. In 2023, 11.3% of children ages 3-17 in Pennsylvania received mental health care; however, many other children went untreated. Last year, we developed a comprehensive three-year strategic plan to focus on our critical mission. Our primary objective is to establish and promote Journey Health System as the preferred provider network for quality health care and to assist more individuals with complex behavioral health conditions.

On behalf of our leadership team, we want to thank all of our donors, partners, staff, and board members; our growth would not be possible without your support. We look forward to your continued support to ensure our life-saving work in the region today and for decades to come.

Let's move forward together, because **your journey is our story!**

** Source- Mental Health America.*



Gregory LaRocca
Board Chair

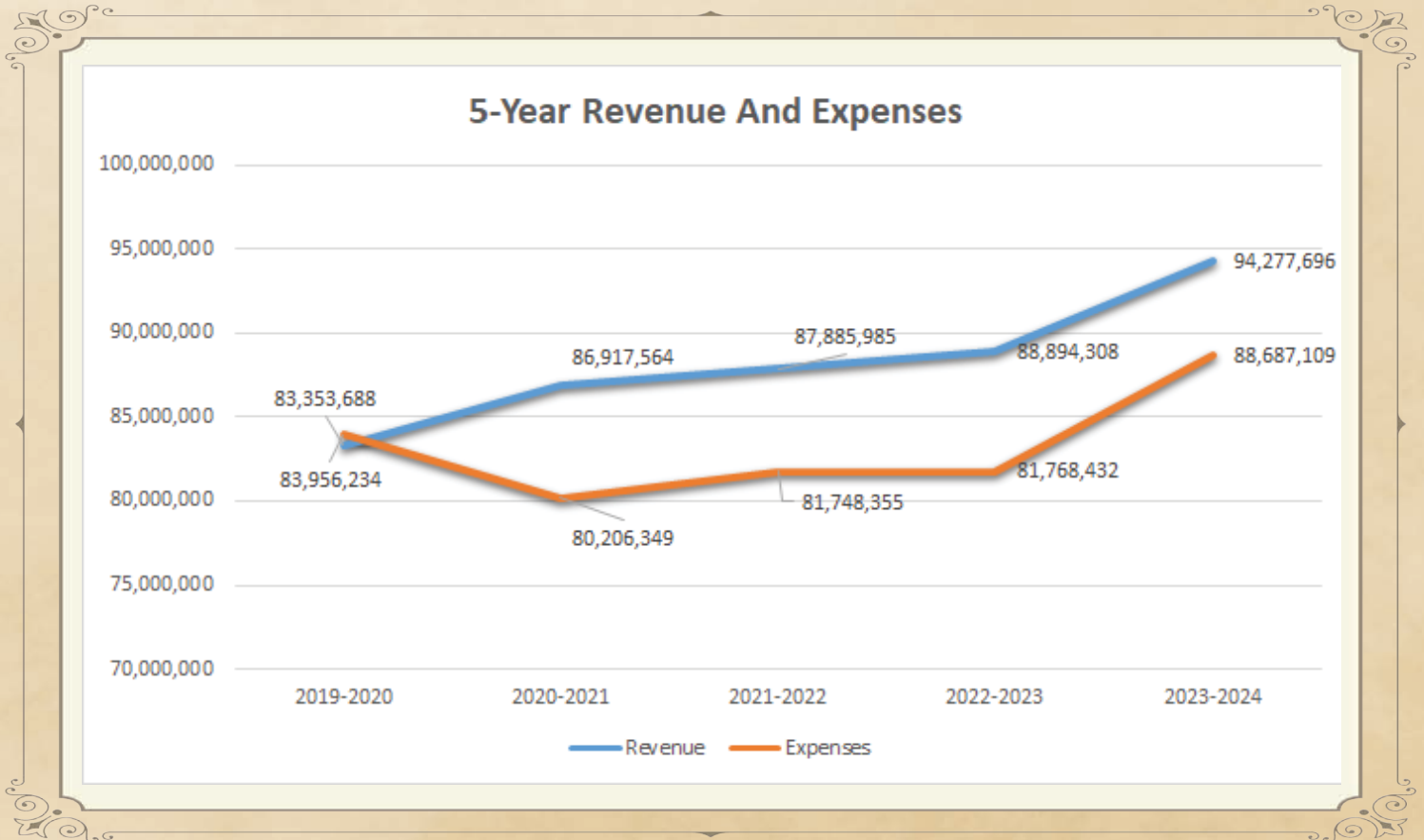


Guy Signor
President & CEO

5. Financials

Fiscal year July 1, 2023 - June 30, 2024

	Revenue	Expenses
Beacon Light Adult Residential Services	\$10,248,076	\$10,224,649
Beacon Light Behavioral Health System	\$28,506,725	\$25,558,724
Deerfield Behavioral Health	\$4,639,663	\$4,754,311
Deerfield Solutions	\$1,785,250	\$1,563,299
Dickinson Center, Inc.	\$16,152,909	\$15,745,065
Forest Warren Mental Wellness Association	\$596,667	\$530,119
Stairways Behavioral Health	\$22,479,946	\$20,797,278
Journey Health System	\$9,868,460	\$9,513,664
TOTALS	\$94,277,696	\$88,687,109



6.

Beacon Light Adult Residential Services

FOR RESIDENTS LIKE MATTHEW, Beacon Light Adult Residential Services (BLARS) is more than a place for treatment for intellectual or developmental disabilities. It's where he enjoys soaking up the sun in his chair on the lawn of Ramsbottom Cottage 1. The residential program is also where he spends hours each day with his friends and the caring staff.

Since 1970, BLARS has treated hundreds of individuals with significant mental health and developmental issues by offering them the ability to live in the least restrictive settings possible. From Intermediate Care Facility (ICF) cottages to community waiver homes to a dedicated Community Stabilization and Reintegration Unit (CSRU), the residents in BLARS programs receive clinical care and treatment while still enjoying the opportunity to be engaged and content members of society. Without access to these important services, these individuals might otherwise be placed in higher levels of care or institutions such as state hospitals. Much of the work at BLARS focuses on developing and/or maintaining the skills necessary to live, interact, and display appropriate behaviors and mannerisms in the community.

Many of the adult residents in the BLARS programs share an intellectual or developmental disability along with a mental health diagnosis. They have lived here since childhood, now spending their days in activities at the Adult Day Services program, going on outings or interacting with their friends, staff, or family members.

In the past year, most of the BLARS programs have seen a very high census and many of the individuals served have successfully completed their programming and have moved into less restrictive settings. There also have been a couple individuals who have exceeded the needs of what the programming can provide and were transferred to local, skilled nursing homes. These individuals are now flourishing and are very comfortable in their new surroundings.

The staffing shortage that has impacted many of the BLARS programs over the past couple of years has eased-up in recent months. Due to salary increases offered, many applications have been received, and new staff are being on-boarded on a continual basis. The programs are nearing capacity with regards to staffing, which is a positive change.

Future goals include becoming a provider of choice through the Performance-Based Contracting that the Office of Developmental Programs is implementing. This will allow us to increase our revenues by adhering to clinical and programmatic outcomes. The BLARS administration is currently planning for and looking at implementation plans for this program.

For more information about BLARS, visit www.beacon-light.org.



*"Thank God for the staff here.
This place is my home
and these people are my family."*



BEACON LIGHT
ADULT RESIDENTIAL SERVICES

7.

Beacon Light Behavioral Health System

BEACON LIGHT BEHAVIORAL HEALTH SYSTEM (BLBHS) was founded in 1903 to provide services to children who were abandoned or orphaned. Today, **BLBHS** continues to provide quality behavioral health care to young people as well as adults. For 17-year old Lucy, the residential services gave her a safe place to work on family and anger issues. When she departed from **BLBHS**, she looked forward to being happy again at home.

Americans, including children, are in the midst of a mental health crisis, struggling with anxiety and depression at unprecedented levels. **BLBHS** is a leader in delivering high-quality, trauma informed outpatient, ambulatory, prevention, education, and residential services throughout Pennsylvania. **BLBHS** recognizes the varying needs of the individuals they serve and has created specialty service lines to assist youth, adults, and families.

In addition to children's residential programs, **BLBHS** offers a full spectrum of community-based programs for all ages including: school-based, family-based, multi-systemic, and outpatient therapies, along with behavioral health rehabilitative services, mobile medication management, and psychiatric rehabilitation services.

In response to the increasing need for services in the **BLBHS** service area, the following accomplishments were achieved last year:

- The Beacon Light Academy opened in June 2023.
- The Outpatient Clinic was re-designated as a Certified Trauma Informed Care provider by the Behavioral Health Alliance of Rural Pennsylvania.
- All **BLBHS** programs successfully received annual re-licensing.
- The agency acquired a new building in Bradford and was able to centralize the Children's Community Services to that building.
- The leadership team hired a consultant to help improve outpatient operations and agency-wide strategic planning.
- The agency was awarded the expansion of the Community and School Based Behavioral Health program in Port Allegany, PA, and at CG Johnson Elementary in Reynoldsville, PA.

For more information about **BLBHS**, visit www.beacon-light.org.



"You guys have been very helpful, especially during a difficult time in my life. It's greatly appreciated, and I can't thank everyone enough."



BEACON LIGHT
BEHAVIORAL HEALTH SYSTEM

8.

Deerfield Behavioral Health

MULTIPLE NATIONAL POPULATION SURVEYS have found that about half of individuals who experience a mental illness during their lives will also experience a substance use disorder, and vice versa. Deerfield Behavioral Health (DBH) aims to help improve care for people with these comorbidities. To meet this need, DBH provides a unique blend of diagnostic, therapeutic, and contract behavioral health services at several locations, including outpatient clinics in Bradford, Erie, and Warren.

Additionally, since 1993, Deerfield Centers for Addictions Treatment (DCAT) in Warren, Marienville, and Tionesta has been dedicated to helping individuals suffering with substance abuse and addiction issues. Services offered include assessments, one-on-one outpatient therapy, group therapy, an intensive outpatient program, medication-assisted treatment, certified recovery services, and support groups.

DBH serves 24 public and private organizations across 23 counties in northwestern and central Pennsylvania. Their team provides psychiatric services across the continuum of care, in settings such as outpatient clinics, schools, partial hospitalization programs, adult and children's residential treatment facilities, prisons, nursing homes, state hospitals, and more.

This past year, DBH added new contracts with two outside agencies for psychiatric services and hired several new psychiatric care providers.

For more information, visit www.deerfieldbehavioralhealth.org.



"I have never felt so understood, comfortable, and supported in my recovery as I have by you."

deerfield
behavioral health

9.

Dickinson Center, Inc.

IF YOU ASK ANY OF THE DOZENS OF MOMS about their experiences in the Parents As Teachers (PAT) program at Dickinson Center, Inc. (DCI), they will likely share their phenomenal experiences interacting with other parents and learning how to improve their own skills as parents and how to rely on the shared experiences of the group to build a better family and community.

The PAT program is just one of many services that will be housed in the new St. Marys' building that is expected to open in 2025. The construction of this building has taken years of planning, fundraising, and preparation but is finally well on its way to completion. Read more about the project at <https://givetodickinson.org/st-marys-project>.

DCI's team of just over 200 employees provides behavioral health services, works with individuals living with intellectual and developmental disabilities, and offers children's prevention services throughout rural northwestern Pennsylvania. DCI is committed to working with their dedicated team on continuous quality improvement in all of their service lines while looking for ways to best maintain and support staff.

Whether it's the PAT program providing a kids' Story Time Walk in Ridgway, the addition of two new Life Sharing homes, or the Behavioral Health Services' team being called on to support community employers with staff mental wellness during unexpected, tragic events at their businesses, DCI stands ready to serve the mental health needs of the communities in Elk, Cameron, and Potter counties.

For more information about DCI, visit www.dickinsoncenter.org.



"The children's services are fun for the whole family. Each visit is a positive break from the daily grind, and it's also a reminder to play and value each other."

10.

Forest Warren Mental Wellness Association

FOREST WARREN MENTAL WELLNESS ASSOCIATION (FWMWA) had a very busy and productive year. As the only consumer-run organization within Journey Health System, the services offered are both designed for and often run by individuals with mental health challenges. Its mission is simple: to assist as many individuals as possible on a daily basis with their mental health recovery.

Individuals from Warren State Hospital along with various community members visit the Drop-In Center for socialization, work groups, cooking groups, and a diverse recovery-oriented curriculum. Located on the Warren State Hospital grounds, the facility is a warm and welcoming respite with flexible hours of operation to accommodate as many people as possible.

Additionally, there are exciting things going on at the Friendship House. The program recently hired a new coordinator. She is working on scheduling events and creating new activities, so that FWMWA can market and get the word out to reach more people in the community. The most recent activity was rock paintings which were used to create a “caterpillar of hope” for the garden in the front of the building. FWMWA plans to design a new Friendship House sign which will become the new face of the house.

The clients run a commercial cleaning business with contracts at Beacon Light's Youngsville Treatment Center along with another facility in Tionesta. In recent months, an additional contract was obtained with the Conservation District office. These housekeeping services provide jobs plus a sense of purpose and accomplishment for the individuals who participate.

The Community-Based Case Management (CBCM) program offers assistance to individuals in Warren and Forest counties by helping them manage the multitude of social determinants of health. In this case, the FWMWA team is working with people in the area of homelessness/housing and also transportation. The FWMWA staff have offered rental assistance and vouchers for utilities, clothing, food, etc. to those in need.

For more information about FWMWA, visit www.fwmwa.org.



*"I am glad I came here
and it contributed to my wellbeing."*

forest/warren

mental wellness association

11.

Stairways Behavioral Health

STAIRWAYS BEHAVIORAL HEALTH (SBH) has been serving the Erie community since 1961, focusing on community partnerships and innovative services to advance care.

In the past year, SBH implemented several new initiatives, including the Outpatient Clinic being approved to offer a new medication treatment protocol, Spravato[®], for eligible individuals with treatment-resistant depression. A second outpatient therapist was trained and credentialed to offer Eye Movement Reprocessing & Desensitization therapy, and two rounds of Domestic Violence Intervention Classes were completed and partially funded by a grant from Erie Community Foundation.

Additionally, several outpatient therapists were licensed and paneled with Medicare, allowing SBH to see individuals with Medicare for needed therapy (which has been on hold since 2018). Multiple programs became trained in "Question, Persuade & Refer" evidence-based suicide prevention training, and the Psychiatric Rehabilitation program began site-based groups, allowing individuals to learn and practice skills for more successful independent living in the community.

SBH increased marketing efforts by doing TV commercials in the Erie area for all services, redesigned their website to provide a more active response to inquiries from people seeking treatment, and built collaborative relationships with other area providers. Toward that end, collaborations were developed with Erie County NAMI, the Mental Health Association, the Erie County Mental Health/Intellectual Disabilities office, and Community Care Behavioral Health. SBH also sponsored the Erie Otters, and utilized staffing stabilization funds for recruitment billboards, attendance at more job fairs, and participation at other community events.

For more information about SBH, visit www.stairwaysbh.org.



"I would have ended up in crisis without the amazing work done here. Thank you all!"

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Rev. Leo J. Gallina

In memory of Philip & Marcia Gallina

Rev. Leo J. Gallina

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13.

Deerfield Behavioral Health Donors

Dr. Kim Thurston

14.

Forest Warren Mental Wellness Association Donors

Tana Smith
Beth Sprentz
Leonard & Amy Tobolski

Forest Warren Mental Wellness Association Tributes
In memory of Judith Snavley Leonard & Amy Tobolski

Join Us in Realizing Our Vision for the Future.

Ways you can help:



DONATE BY MAIL:

- Submit a gift payable to any of our affiliates using the enclosed envelope.
- Make a check payable to any of our affiliates & mail it to:

Journey Health System
Attn: Institutional Advancement Office
47 Beacon Light Way
Bradford, PA 16701



DONATE ONLINE:

www.givetobeaconlight.org
www.givetodickinson.org
www.givetostairways.org
www.fwmwa.org



INVEST IN OUR MISSION:

Remember one of our affiliates in your overall estate or financial plans (visit the websites above and call 814-776-0254 for details)



DONATE BY PHONE:

Call 814-776-0254



FOLLOW US AND SHARE:

Stay updated on Facebook and share our news with friends.



GET INVOLVED:

Volunteer or intern with us by contacting info@journeyhealth.org.

*100% of gifts are used exclusively at the designated affiliate organization.

These pages list the key donors for each of Journey's affiliates from July 1, 2023 to June 30, 2024.

Journey Health System gratefully acknowledges all of our generous benefactors. To the best of our knowledge, the information in our Annual Report accurately reflects our records. We recognize, however, that omissions or errors, while regrettable, inadvertently may occur. If you find any inaccuracies, please notify Institutional Advancement at 814-776-0254.

Beacon Light, Dickinson Center, Inc. and Stairways Behavioral Health are 501 (c) 3 organizations, contributions to which are tax deductible as permitted by law. The official registration and financial information of these agencies may be obtained from the Pennsylvania Department of State by calling toll free, within Pennsylvania, 1-800-732-0999. Registration does not imply endorsement.

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Beth Zwerin

*Deceased

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Deborah Wasserbach

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Tony Davido

In memory of Leo & Jessie Gallina
Rev. Leo J. Gallina

In memory of Philip & Marcia Gallina
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*Deceased

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Mary Ellen Dahlkemper
Tom & Bonnie Faulkner

In memory of Daughter

Anonymous

In memory of Leo & Jessie Gallina

Rev. Leo J. Gallina

In memory of Philip & Marcia Gallina

Rev. Leo J. Gallina

In memory of Mary Alice Gold

Rick & Mindy Cohen

In memory of Ronald Hinkler

Darlene Dick

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In memory of Ian McManus

Business Group on Health
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Tom & Bea Kaminsky

In memory of Maureen & Richard Power

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In memory of Laurie Tredway

Tom & Ann Tredway



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HEALTH SYSTEM

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